



HIGHLIGHTS FROM LAST QUARTER:

- Membership — Page 1.
- From the Chair — Page 2-3.
- Leslie — Page 4.
- Betty and Joyce — Page 5
- I am gone— Page 6.
- Afternoon Tea— Page 7
- Purim— Page 8
- Passover— Page 9
- Thanks— Page 10
- International Nurses Day Page 11
- All Hail the King— Page 12
- Erev Shavuot— Page 13
- More Happenings— Page 14
- AGM Notice/Joke Corner— Page 15
- Brick Donation— Page 16

Not a member yet?

What is FOSCA?

Fosca, is the Friends of Shalom Court Association. Are you member? If not, you need to join and learn about all of the happenings at Shalom Court through these newsletters, from great speakers, shared meals, and being part of this wonderful community.

So how do I become a member?

Follow this link <https://shalomcourt.co.nz/supporting-shalom-court/#donate> and join us today

Already a member?

Have you paid your annual subscription? Not paid in a while? Now is your chance, contact Esther at operations@shalomcourt.co.nz

What are you waiting for? Come and support your local providers of top, quality care for those in need.

From the Chair

We are half way through the year, and you can see from the wonderful photos that Shalom Court is going from strength to strength. We are consistently full, even with the sad passing of 5 people since our last edition.

We farewelled Betty Mills who was only with us for 2 short months. Sybil Cornell has written about Betty in this edition of FOSCA. Lesley Mack was also a much loved resident, with us from February 2022 until April 2023. His floral arrangements at Shalom Court are a testament to his wonderful talents as a gardener. He also made beautiful masks and we are honoured to have these with us too at Shalom Court.

Leslie's niece Linda has written a piece about him. We also lost Joyce Harrison who came to Shalom Court in December 2020 and passed away in April 2023 and her son and daughter-in-law have written about her as well.

In the past week we have farewelled Ola Robertson who was only with us for 2 weeks, and Colin Wilson for 8 months. We will write a short piece about them in the next FOSCA.

On the other side, we welcomed Michelle Cumin (Fisher House), Frank Rose (Phillip House), Robin Hardley (Albert House) and Harry Davis (Phillip House). We have a waiting list for others who would love to join our community, as we continue to be 100% full.

Under Marlene's expert nurse leader experience, accompanied by Roberta as our General Manager, we are running a very smooth ship, with myself in the background. Marlene's 6 month trial will be up soon and we are very hopeful that she will stay with us, as she enjoys working here. Watch this space....

I have been overseas for a month, and lots has happened in my absence. Most of the original cottages (that have been refurbished) are being used by a company that brings Indian nurses in, and part of the contract means that some will work at Shalom Court. The ones that have arrived so far (they will be on a 4-weekly cycle) are delightful with excellent spoken English. It's a win-win situation. We also have 2 of the units rented out to other people, so if you come into Shalom Court, you will feel the vibrancy.

We recently renovated the kitchen in Albert House and will soon be doing the same in Philip House. Thanks to Mike Vidak for his wonderful coordination of this. Albert House lounge has been newly painted, and in the short term, we will see the exterior of both Phillip/Fisher/Albert houses also painted.

Our staff and residents have received their 5th dose of Covid vaccination through the Ministry of Health, so we are doing an admirable job protecting all.

Our staff recently celebrated Pink Shirt Day which is an anti bullying incentive. The photos in this FOSCA attest to the dedication and enjoyment by our staff. Pink outfits were worn and a pink morning tea put on, and staff watched a video on bullying.

We also celebrated International Nurses Day on 12th May to thank our Registered Nurses with a morning tea and a pot plant each. They each read their renewal pledge to residents.

We will soon be sending several more staff members for Eden Alternative training and are applying for several grants for other important projects at Shalom Court.

August is our AGM and most of our Board will be remaining. I can write about that in the next FOSCA edition. I do thank you all for being members and hope that you continue to do so to keep abreast of what is happening in our vibrant place.

The residents that joined on Friday, thoroughly enjoyed his singing and you can see a photo of that lovely occasion

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Esther Haver, Chair



From the Chair cont...

Whilst overseas in Israel, my husband Arnon and I got to see first-hand how a hospital/dementia care home was run (with 38 beds) on the Kibbutz that Arnon was born and raised (Kibbutz Ayelet Hashachar in the Galilee), and where his mother has resided for over 70 years. Even though she does not have dementia, we were fortunate to have her placed there when at 92, she was found on the floor of her unit after 48 hours and then rushed to hospital for several weeks. We all hear stories of people that this has happened to, but experiencing it with my mother-in-law gave me further knowledge of how other facilities are run. This one is called 'Klill Hahoreshe' which translates to 'light forest'.

There are 2 people per room, and everyone is wheeled in their wheelchairs to the dining room where they stay for most of the day (some are put to bed after lunch). The floor staff are mostly Christian Arabs who do a wonderful job and the young woman who manages it comes from a local town and is a trained lawyer. She runs it very well, and they also have a kitchen on site. It is a Govt owned facility but you can pay privately which is what we are doing, as my mother in law doesn't fit the criteria to be there.

She is very happy that she can stay as realises she cannot look after herself, even with a fulltime caregiver at home and feels well cared for and safe there. The facility does all their own laundry (sheets, towels etc) and have certain activities most days. I had to keep my mouth firmly shut as to what I could recommend - especially as there are many 'wild' cats that live close by and they have a strictly no feeding policy with them. What a shame, as having a lovely cat (and some were quite tame just lounging outside) there would be fantastic. When I tried to take some egg out from a broken plate from the floor to feed one before it was swept up, I was firmly reprimanded, and even this strong lady (me) couldn't bend the rules! However, they were happy to take 3 paintings from my mother in law's unit to hang there, which goes along with our own ethos.

Roberta's had a much needed week off in Fiji, and Marlene will soon have a 2 week break in the South Island. Our staff continue to give everything they can, and we have just employed a new cleaner (Monica has left to live in Australia) who is very enthusiastic and has already begun. Apparently, we were swamped with replies for the job application, which is fantastic.

Thanks again to my wonderful Board - each and every one of them contributes hugely behind the scenes to every aspect of who we are. The Trust Board are very motivated to always be in the background and assist us in every way possible. And to our amazing volunteers- everyone has a part in our success and of course to you, our FOSCA members for continuing to enjoy what we can offer. Most of us have personal experience at Shalom Court, either having a relative there, being on the Board, volunteering etc. We all know how great Shalom Court is, so thank you everyone.

We will soon be sending out FOSCA renewals, and we appreciate your membership and also being able to vote at the AGM. We will be increasing the membership rate slightly, as it has been the same for many years. If you would like to add a little donation to your membership, that would of course be gratefully received.

I am always available if you want to have a chat - we try our best to run things as best as we can, but we are always happy to hear ideas and also ways to implement them.

Esther Haver
Chair - Shalom Court

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Esther Haver, Chair



Leslie Mack

Leslie was a resident and part of the Shalom family from 6th February 2022 until his peaceful passing on 13th April 2023. Leslie enjoyed his life at Shalom and made an impact on many people. He was quietly spoken but always got his point across.

He was listened to and from that came a few changes at Shalom, like music playing in the dining room and brightening up of dining rooms, foyers and residents rooms with his fabulous floral arrangements. Flowers were a large part of Leslie's life. He always had beautiful gardens in his homes and often opened them up to the public to raise money for various charities.

Leslie's other passions were interior designing, he decorated the interiors of many homes and businesses across the country.

Collecting antiques was also something he enjoyed, of which he purchased on many of his overseas trips or as a regular attendee at Cordy's Auctions.



Leslie enjoying a dessert



Leslie's working years were spent in areas where he could use his artistic flair. He worked in the design departments at Milne & Choyce and Smith & Caughey, at Shaeffers Furnishings as an interior designer, owned a decorative accessory shop and also an interior design and furnishing shop. Leslie won several awards over the years for his craftsmanship.

In his spare time, Leslie assisted with costume making, prop and set designing, made Venetian masks, floral arrangements and wreaths and loved making vegetable soup and baking shortbread and fruit cakes. Leslie also enjoyed opera, ballet and the theatre.

Leslie was at his happiest when he was surrounded by good food, good wine, family and friends at his beautiful home or in his fabulous garden. Leslie was a superb host.

Leslie was very appreciative of the care and respect he was given while living at Shalom and the interaction he had with the residents when he was able to.

Leslie was happy to call Shalom his home.



Betty Mills

Betty came to NZ every year at Pesach (Passover) and eventually wanted to become a Resident. However, this was never approved after many applications.

Betty was in New Zealand when Covid started and she applied for her visa to be extended as she didn't want to go back to England. Her health was poor, so she came as a resident to Shalom Court in early 2023.

She was very happy here and was mobile enough to go out often.

I was very busy in the afternoons but fortunately a few days before she passed away, we played a game of Kalooki and had plans for future games.

It was so sad when she died suddenly but fortunately, she didn't suffer. It was wonderful that the family were able to take her body to England so she could be buried next to her beloved husband at Bushey Cemetery.

It was so good that there was a video link to the funeral.

Extra interesting as my parents and siblings are also buried at Bushey.

Betty will always be remembered with great affection.

Sybil Cornell (resident of Shalom Court)



Betty Mills, Charlotte Maram and Maxine de Jong.

Joyce Harrison

Born Wellington. Educated Karori Primary School and Marden School. MA (Hons) from Victoria University in English. She taught for a year then spent 18 months in post war Britain and Europe. 1953 went to Teachers College.

1956 joined Social Welfare in Wellington and did family case work including court work. She served for 5 years as an adoptions officer.

1968-71 she was Editor of "New Zealand Social Worker".

1976 - 1980 She was part of the Head Office of Social Welfare involved in a research project on the social services.

Her interests included Literature, Tramping & outdoors, Photography, travel and playing the flute,

1971. Joyce married Les Harrison in Wellington.

Even without the experience of having her own children she was a very good grandma to the children of Mike and Carolyn. Being involved in all the events as Jenny and Deborah grew up.

She only left her beloved Wellington to come to Shalom Court to spend her final few years and be with what family she had left.

Farewell to a strong and always positive lady. She was interested in everything, and was much loved.

Michael and Carolyn Harrison



**Ola Robertson's booklet (for her funeral) Taken from Ola Robertsons' memorial booklet for her funeral that we wanted to share.
She was in her 96th year.**

I AM GONE

You can shed tears that I am gone
Or you can smile because I have lived.

You can close your eyes and pray that I'll come back
Or you can open your eyes and see all I've left.

Your heart can be empty because you can't see me
Or you can be full of the love we shared.

You can turn your back on tomorrow and live yesterday
Or you can be happy for tomorrow because of yesterday.

You can remember me and only that I'm gone
Or you can cherish my memory and let it live on.

You can cry and close your mind, be empty and turn your back
Or you can do what I'd want:

Smile, open your eyes, love and go on.

More on Ola in our next newsletter



TIME FOR A SPOT OF AFTERNOON TEA

On Sunday 5th March, the Events Management Subcommittee catered on behalf of the residents an afternoon tea. We realised that our honoured residents no longer have their own kitchens and where once they had prepared food for their loved ones, they are unable to do that anymore. That was where the EMS team took over.

Vicky Ross, as always, played appropriate background music as our guests arrived and made them feel welcome. The Albert House lounge had tables set for 6 to 8 people with old fashioned 3-tiered cake stands on the tables, complete with white cloths and pink decorations, to match the cups and saucers.

The afternoon achieved its goals – that all should feel at home at Shalom Court and that family members would meet each other and find lots to talk about. It was heartwarming to watch new contacts being made and, in some cases, lost friendships being renewed.

As usual, the ever-friendly staff, the hardworking subcommittee team and the wonderful volunteers helped to make this a happy and special occasion.

“ feel at home at Shalom Court and that family members would meet each other

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Shalom Court Events Committee,

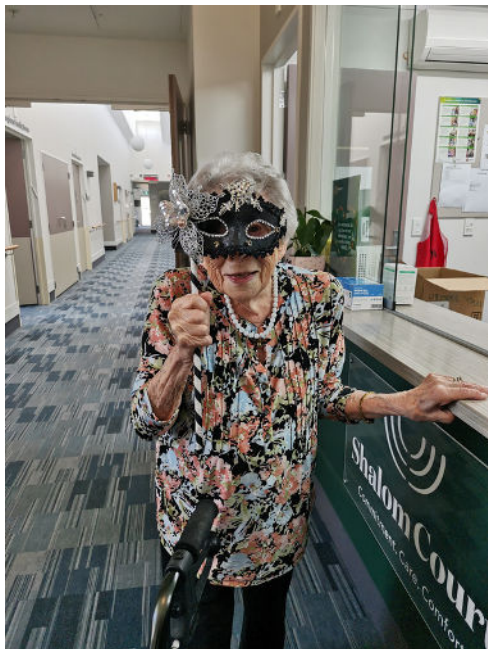


FUN TIMES-CELEBRATING PURIM

What is Purim?

Purim, (Hebrew: "Lots") English Feast of Lots, a joyous Jewish festival commemorating the survival of the Jews who, in the 5th century bce, were marked for death by their Persian rulers.

Fun times of dress up, dancing and food



PASSOVER AT SHALOM COURT

What is Passover?

Passover is a major Jewish holiday, one of the three pilgrimage festivals, that celebrates the Biblical story of the Israelites' escape from slavery in Egypt. Pesach starts on the 15th day of the Hebrew month of Nisan which is considered the first month of the Hebrew year.



Marking an important Jewish holiday



MESSAGES OF THANKS

Hi team Shalom,

We wanted to say what a lovely afternoon tea you all put on for the residents and families.

The afternoon had a lovely buzz about it and it was great to be able to join in with mum and see all the other residents and families.

Your staff were so incredible and warm. Introducing themselves, refilling tea, offering cake and talking about ideas mum could join in at Shalom. Mum didn't want to leave!

Thank you, it was clear a lot of hard work and effort went into this lovely event.

Gloria and her family.

Please pass on my compliments to Esther, the committee, Board & staff of Shalom Court for an excellent report.

It's so good to see Shalom Court thriving & I know it's as a result of commitment by all of you and the volunteers.

Kol Hakavod

Sylvia Tresiter



INTERNATIONAL NURSES DAY

What is International Nurses Day?

International Nurses Day is an international day observed around the world on 12 May each year, to mark the contributions that nurses make to society



International nurses day – 12 May 2023

The aim of the celebration is to raise awareness of the important role nurses play in the society and the contributions, commitments of nurses provide among public in providing the best health care services, and to celebrate our nurses in our communities that come to work no matter what.

The Theme this year is - **Our nurses, our future**

Forence Nightingale made a call for nurses in 1882 – her expectation for nurses were to be sober, chaste, honest, truthful, trustworthy, punctual, quiet, cheerful, and clean (Nightingale, 1882b). Other moral qualities that were emphasized included patience, compassion, honor, moral courage, and devotion. These were the qualities that a nurse should possess.

Today The 6 core values of nursing professionals have become much broader than those in 1882

Empathy, Professionalism, Autonomy, Altruism (Altruism is the principle and moral practice of concern for the welfare and/or happiness of other human beings or animals, resulting in a quality of life both material and spiritual. It is a traditional virtue in many cultures and a core aspect of various religious and secular worldviews), Accountability, and Curiosity.

When you are a nurse, you know that every day you will touch a life, or a life will touch yours. We would like to thank our nurses here today for their skills and experience they bring to the table. You are in the best possible hands with the people looking after you. Thank you for making a difference.

I like to Read out the pledge to you.

I solemnly pledge myself to the service of humanity and will endeavour to practise my profession with conscience and with dignity.

I will maintain, by all the means in my power, the honour and noble tradition of my profession.

The total health of my patients will be my first consideration.

ALL HAIL THE KING-THE CORONATION COMES TO SHALOM COURT



Erev Shavuot at Shalom Court

What is Erev Shavuot?

Shavuot is the Hebrew word for “weeks” and refers to the Jewish festival marking the giving of the Torah at Mount Sinai, which occurs seven weeks after Passover. Shavuot, like many other Jewish holidays, began as an ancient agricultural festival that marked the end of the spring barley harvest and the beginning of the summer wheat harvest. In ancient times, Shavuot was a pilgrimage festival during which Israelites brought crop offerings to the Temple in Jerusalem. Today, it is a celebration of Torah, education, and actively choosing to participate in Jewish life.



MORE HAPPENINGS AROUND SHALOM COURT



Pink Ribbon Breakfast



Lima and her niece demonstrating Samoan language week to residents



Marlene's dog tired after a busy day at work



Lima demonstrating to residents some of Samoan culture

AGM NOTICE

Save the Date

AGM FOR SHALOM COURT

SUNDAY 13 AUGUST TIME TBC

JOKE CORNER



THE TOP HAT

Schwartz is sitting in his room, wearing only a top hat, when Steinberg strolls in.

"Why are you sitting here naked?"

"It's all right," says Schwartz. "Nobody comes to visit."

"But why the hat?"

"Maybe somebody will come."

The Riddle

A man in Chelm once thought up a riddle that nobody could answer: "What's purple, hangs on the wall and whistles?"

When everybody gave up, he announced the answer: a white fish.

"A white fish?" people said. "A white fish isn't purple."

"Nu," replied the jokester, "this white fish was painted purple."

"But hanging on a wall? Who ever heard of a white fish that hung on a wall?"

"Aha! But this white fish was hung on the wall."

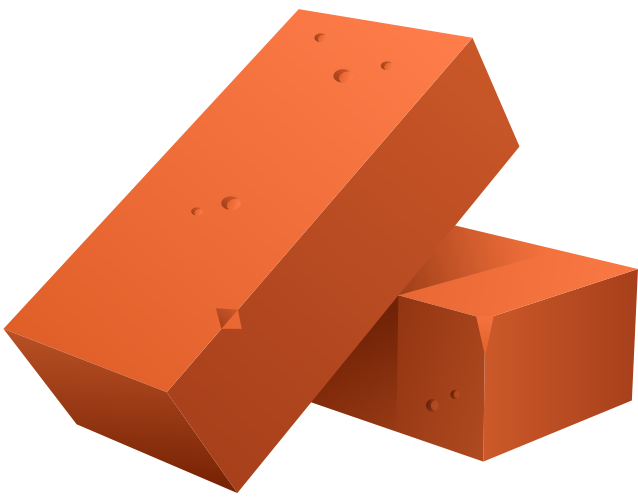
"But a white fish doesn't whistle," somebody shouted.

"Nu, so it doesn't whistle."

Hoodlums

Two Jews are walking through a neighborhood one evening when they notice they are being followed by a pair of hoodlums.

"David," says his friend, "we better get out of here. There are two of them, and we're alone!"



BRICK DONATIONS

20 bricks to Brenda Shenken wishing her a happy birthday....from Larissa Liebman.

15 bricks in honour of Claudia Baker's birthday....from Brenda Shenken.

15 bricks in honour of Larissa Liebman's birthday from Brenda Shenken.

25 bricks on the occasion of Claudia Baker's special birthday....from Sylvia Treister.

18 bricks in honour of Danny and Linda Phillips' 50th wedding anniversary....from Adele and Wally Hirsh.

18 bricks to Nina Blumenfeld wishing her a happy birthday....from Elaine Silverman.

*Thank
You*

**I have found that among its
other benefits, giving
liberates the soul of the giver. .**

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