

THE EDEN ALTERNATIVE TEN PRINCIPLES

PRINCIPLE 1

Understand that the three plagues of loneliness, helplessness, and boredom account for the bulk of suffering in a human community.



PRINCIPLE 2

A caring inclusive and vibrant community enables all of us, regardless of age or ability, to experience wellbeing.



PRINCIPLE 3

Provide easy access to companionship by promoting close contact between the residents and the elements of the Human Habitat Home Model.



PRINCIPLE 4

Encourage and create opportunities that enable the residents to participate within their household and give care to others.



PRINCIPLE 5

Create an environment that is varied and spontaneous in which unexpected or unpredictable interactions can take place.



PRINCIPLE 6

Decrease emphasis on a pre-programmed activity approach to life and more activities geared to supporting the Edenising process and resident participation.



PRINCIPLE 7

De-emphasize the role of prescription drugs and work to pursue a holistic approach to handling problems rather than physical or chemical restraints.



PRINCIPLE 8

Encourage maximum decision-making authority to be in the hands of those employees who are the closest to the residents. Empower teams to make decisions within their defined parameters.



PRINCIPLE 9

Understand that the Eden philosophy is a never ending process. It is a habitat that once created, needs commitment to continually nourish growth like any other living thing.



PRINCIPLE 10

Advocate for (and support) leadership that places the needs of residents quality of life over and above the objections to change.

